



Dear Homeowners and Renters:

Welcome to the neighborhood!

On behalf of the El Parque's Board of Directors, we want to welcome you to this little slice of paradise. Over the coming months, we look forward to meeting you whether it be walking down the streets, at the pool or at a community activity.

The operation of your homeowner's association is governed by volunteer homeowners elected to the Board of Directors to oversee the functions and financial responsibilities of El Parque. In addition, the Board is also responsible for maintaining members' compliance with the rules, regulations, and bylaws of the Association. Please take the time to read through the bylaws.

Our community website is: www.elparquecondos.com and our Facebook page is El Parque Villas are a great source of information containing upcoming activities and events listed on our monthly calendar, staff board and committee reports, news, beautification projects and photos and videos of events. Please take a few minutes to visit and familiarize yourself with its resources and get to know your community and neighbors.

Again, welcome to the El Parque community! We look forward to you falling in love with this neighborhood as much as we have. We know you'll find our neighborhood is a great place to live and we encourage your participation in our activities and functions.

Sincerely,

El Parque Board of Directors

El Parque Welcome Packet



Welcome to El Parque:

We know you will find our location most convenient with shopping, restaurants, movie and live theaters, casino and bus stops; all within a short walking distance. Our security guard are friendly, yet serious about keeping El Parque one of the safest developments along lakeside. El Parque is an active community with many of our social events--listed on our monthly calendar. You can play games or read a book in the clubhouse, workout in the exercise room or simply relax around our salt-water heated pool or hot tub. So, join in and have fun. We would like you to enjoy all the facilities El Parque has to offer.

We are glad you are here!

Bienvenidos!

Martha Cervantes, Administrator
Board of Directors

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EL PARQUE GENERAL INFORMATION

Administrator:

The Administrator is the first contact for ALL problems outside your home. Problems within your home are yours to solve. For no electricity, water, or any common area problem call the Administrator. After hours or when administrator is not in the office, call the guards and they will contact the Administrator.

Office Phone: 376-766-5781

Office hours: 9-1 office open M-F
1-5 office closes to the public

Security Guards: 376-766-5780

Office e-mail:

elparque_villas@yahoo.com

Website: www.elparquecondos.com

Mail:

Your mailbox cubicle is in the outer office of El Parque office building.

El Parque mail address: Calle Allen W. Lloyd 149
Casa (insert your house #)
San Antonio Tlayacapan,
Jalisco, Mexico 45922

Entrance Passes and Security:

All renters and owners whether entering El Parque by car or foot must register with the Administrator to get a pass. New residents, over-night guests and renters must register with the Administrator for a permanent pass. **EVERYONE MUST RECEIVE A PASS WITHIN THE FIRST WORKING DAY.** The completed information sheet must be returned to the Administrator.

Please notify the guards if you have guests arriving. If you are not at home, the visitor(s) will not be allowed into El Parque. For a large group of guests, please take a list to the guards.

If you have a worker coming, notify the guards.

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Our Roads:

Paved asphalt area of the road is for pedestrians. Cars must yield right of way to pedestrians.

Trash Pickup:

Place garbage at the end of your driveway before 8 AM every Monday, Wednesday, and Friday or take your own garbage to the trash building. Please do not put garbage out the night before due to feral cats, possums, and other wildlife.

Recycling Program:

1. All bins are labeled, please place recyclable items in appropriate bins.
2. All recyclables should be reasonably cleaned.
3. If you use your maid or gardener to take your garbage to the trash building, please separate and mark it so that they know exactly where to dispose of it.
4. The gardeners have been instructed for their safety not to open garbage bags to retrieve anything from the inside.
5. Some employees will recycle items for us. Please recycle the following items
 - a. Cardboard – please flatten,
 - b. Rinsed clear plastic bottles and jars,
 - c. Rinsed aluminum and metal cans, and
 - d. Everything else is considered trash and should be placed in one bag.
6. Homeowners that use a private gardener must have their gardener take their lawn cuttings to the trash building.

Activities:

For a list check: Facebook - El Parque Villas
Bulletin board in office and white board by the gate
Your mailbox in the office
Monthly activities calendar

Committees:

Please consider joining one of the following committees:

1. Beautification
2. Social

USE OF THE TELEPHONE

Calling a Mexican landline from a Mexican landline in the same area. Dial the area code and local number.

Calling a Mexican landline from a Mexican landline in a different area. Dial the area code and the number. Do not dial the 01 (long distance) prefix.

Calling a Mexican landline from a Mexican cell phone. Dial the area code and the number directly from your cell phone. Do not dial the 01 (long distance) prefix.

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Calling a Mexican cell phone from a Mexican landline. Dial the cell phone's area code and number directly.

Calling to/from a Mexican cell phone in Mexico. Dial the cell phone's area code and number.

Calling a Mexican cell phone from overseas. Dial Mexico's country code (+52), the area code, and then the number.

Calling Lakeside from Canada or the United States. Dial (+52), the area code and then the number.

EMERGENCY PHONE NUMBERS

El Parque Security Guards **376-766-5780 - CALL THE GUARDS FIRST.**
Cruz Roja (Red Cross) **376-765-2308 Local Number**
Cruz Roja..... **911 outside our area**

LOCAL CLINICS OFFERING 24 HOUR SERVICE

Hospital San Antonio - 376-689-0911. (Approximately 1 mile east of El Parque - Lakeside).

Hospital Ajijic – 376-766-0662 or 376-766-0500. White building north side of the Carretera in Ajijic, across from Gossip Restaurant.

Riberas Medical Center – 376-765-8200. On the Libramiento across from El Dorado Condos.

EMERGENCY CONTACTS

Post the included Cruz Roja (Red Cross) Information Sheet and Health Sheet on refrigerator.

- Include dialing information: long distance area code, country code, area code, phone number.

Carry in your car:

- Above mentioned Red Cross card.
- Post Life planning card and your living will in Spanish.
- Car insurance policy and phone number.
- Notarized car registration and the form that your car permit sticker was on.

Carry on your person:

- Emergency contact information, your driver's license, and Visa or resident card.

AREA INFORMATION

Radio Stations:

105.1 FM plays quiet, background music.
90.5 for more lively music.
97.1 FM for Mexican music.

Tianguis: (street markets) 9am - 3pm

Chapala	Monday	Across from the Pemex
Ajijic	Wednesday	East of Plaza Bugambilias
Jocotepec	Thursday	One block west of the plaza

Markets:

Monday Market	Sunrise Café
Tuesday Market	La Huerta, West Ajijic

Lake Chapala Society (LCS):

16 de Septiembre #16A in Ajijic. www.lakechapalasociety.org

LCS offers so much to the community. They have beautiful grounds, a restaurant, print, video and audio library, lectures, art, exercise, culture, and languages classes. The information desk provides up-to-date information on requirements for immigration, IMSS, wills and trusts. Services are for members only, however; the grounds, restaurant and special events are open to the general public. A representative from the US and the Canadian Consulate comes to LCS periodically.

Safety:

Only carry in your pocketbook or wear jewelry that you are willing to lose.

Health:

Soak fruits and vegetables in an antimicrobial solution. Drink water that you are sure is safe.

UPS/FedEx:

Delivers to El Parque. Pick up at the gate.

Amazon.Com.MX:

Delivers to El Parque. Pick up at the gate.

Amazon.Com.US:

Delivers to El Parque. Pick up at the gate.

DHL:

Delivers to El Parque. Pick up at the gate.

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Books and Websites about Mexico:

www.focusonmexico.com
www.chapala.com
www.mexconnect.com
www.ajjicnews.com
Chapala Directory has excellent info online at
www.chapaladirectory.com/english2011/index.php.

DRIVING IN MEXICO

If you do receive a ticket, do not pay the officer. Pay the fine at the Chapala office at DeGollado #306. The law (Jan. 2010) states that if you pay within five working days, the fine is reduced by 50 percent.

Mexico does not have a Good Samaritan Law. The best way you can help is to call the Red Cross at 911 (anywhere in Mexico) or for lakeside call 376 765-2308.

Mexican car insurance is required if you are driving a car in Mexico. It is always wise to consult your insurance agent for current information and procedures.

Accidents should be reported immediately, and cars should not be moved until the police arrives. Insurance adjustors should be called immediately, and they will come to the scene of the accident. Never sign any release of responsibility without proper advice. Mexican law requires that cars involved in accidents resulting in injury or damage over a certain amount be impounded.

INFORMATION FOR OWNERS

Office e-mail:

elparque_villas@yahoo.com

Website:

www.elparquecondos.com

CTC Committee:

El Parque has a team of homeowners elected to serve on the Construction Technical Committee (CTC) to review and approve applications for improvements or modifications homeowners are planning to make to their private unit. The goal of this review is to preserve the architectural harmony of El Parque along with its safety, sanitary conditions, quality of life and to assure the rules and regulations established by El Parque and the Municipality of Chapala are being followed. Rule and regulations are available on the El Parque website or in the Administrator's office.

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Utility Bills:

Bills will be in your office mailbox. With a TELMEX or CFE bill, pay at their offices or for a small fee at Oxxo, or Walmart. **Even if the bill does not arrive, you must pay.** Without a bill you must pay at their offices. Know your account number for CFE and your phone number for TELMEX.

TELMEX (telephone) paid monthly. Register on their websites so you can see your bill and pay online at www.telmex.com.

Telephone repairs or complaints call 050.

TELMEX (English) 01-800-368-0500.

Prodigy 01-800-123-2222.

CFE (electric) paid bi-monthly. Register on their websites so you can see your bills online at www.cfe.gob.mx.

Tips on CFE Bill:

The electric meter and the account number stays with the house. There are two residential tariffs: "1" and DAC". Look under "tariff" on the bill to see yours. "1" is subsidized. Keep that rate by keeping a rolling total of under 3,000KW for the past twelve-months (it is not a calendar year total). Since CFE bills are bimonthly that 3,000KW averages 500KW per billing period. Exceed that limit and you will lose the subsidized tariff in one-billing period and your bill will effectively double. Getting your "1" tariff back is difficult.

Gardening:

To start gardening service or change number of hours, see the Administrator.

Property Taxes:

No bill will be sent. Take last year's tax receipt to Chapala City Hall 9am-3pm M-F. Pay in January for a large discount.

Association Dues:

Paid quarterly to Multiva or Actinver by wire transfer, cash, or Mexican check. US or Canadian checks must be paid at the office. Make check payable to: Condominium El Parque Villas & Country.

RULES FOR POOL, HOT TUB, AND DECK AREA

1. **USE POOL AT YOUR OWN RISK.** Only residence, and their invited guests, can use the area.
2. All must wear bathing attire.
3. Rafts, inflatable beds and boats are prohibited.
4. All children, under age 12, must always be in the company of an adult.
5. Infants and children, who are not toilet trained, are not allowed to go in the pool or hot tub.
6. Noisy or rowdy behavior is prohibited. No running on deck. No jumping or diving in the pool or hot tub. Except for organized community activities, the playing of loud music in the area is prohibited.

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7. All children must be 102 centimeters or taller (as marked), and accompanied by an adult, to enter the hot tub. A MAXIMUM TIME OF FIVE MINUTES.
8. No breakable items are allowed. Food and beverages are prohibited in and immediately alongside the pool and hot tub.
9. Turn off jets when leaving the hot tub.
10. Many enjoy the pool; do your part to keep it clean and safe.
11. No pets, bicycling or skateboarding.

GAS BARBEQUE AND GRILL

1. Each person who uses the grill is responsible for cleaning it after each use.
2. There is a two-hour maximum for the use of the grill.
3. No wood or chips are to be used.

EXCLUSIVE RESERVATION AND USE OF CLUBHOUSE/BARBEQUE AREA BY RESIDENCE FOR PRIVATE EVENTS

1. Reservation request and a \$500 pesos non-refundable service charge must be presented to the Administrator for approval at least ten calendar days prior to the event.
2. No permission will be granted to reserve the Clubhouse/Barbeque area unless the homeowner has fully paid all amounts, they owe the condominium. Renters must have written permission from their homeowners to reserve the Clubhouse/Barbeque area. Homeowners remain responsible for any damage done by renters.
3. The Clubhouse and Barbeque areas may be reserved for exclusive private events (as contrasting to events held for El Parque homeowners) Monday through Saturday only. No more than one reservation per unit is permitted in any six-month period. Attendance at these events shall be limited to no more than 75 persons.
4. A reservation does not include exclusive use of the pool, pool deck or hot tub.
5. Approved reservations are valid between 11:00 AM and 10:00 PM which includes setup and cleanup time. The Board may make exceptions to this restriction.
6. You are expected to clean-up the facilities including the bathrooms and barbeque facilities after your event. The \$500-pesos charge is to cover the cost of general wear and tear, electricity, water, security, and administrative cost.
7. Residents and their guests using the Clubhouse must adhere to the Condominium parking restrictions during the event.
8. The residents making the reservation must be present during the event and assumes all responsibility for the cleanup.
9. Approved reservation will be posted in the Clubhouse and at the office.
10. Noncompliance with these rules may result in loss of reservation privileges.
11. No smoking is allowed in the Clubhouse except for the designated area.

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12. The Clubhouse (inside and outside) is not available to commercial or “outside” groups or organizations.

The Board may, at its sole discretion, make an exception to this policy in specific cases. Before reviewing such an exception, the Board must verify that at least 75 percent of the participants will be condominium residents.

GYM

If you use the gym, please abide by the following rules:

1. Sign in no matter how much time you are there.
2. When finished, please clean, and return equipment.
3. When you leave, turn the lights, and fan off and close the windows.

PETS IN EL PARQUE

Article 26 El Parque Bylaws:

Complete Pet Registration form in this packet and return to office. Condo owners and their tenants, renters or guests are authorized to have domestic animals living with them according to the following restrictions:

Class “A”	Two (2) domestic cats
Class “B”	Two (2) dogs (maximum weight 15 kg each)
Class “C”	One (1) dog (maximum weight 15 kg) and one (1) domestic cat
Class “D”	One (1) dog weighing greater than 15 kg
Class “E”	Fish and small birds in a reasonable number

Pets that are permitted must not be dangerous or noisy and must be kept within the limits of the private unit. The Condo Owner or their Related Persons must register the animal(s) in question in the Special Registry referred to in Article 21 of these Bylaws. When out in the common areas, domestic animals must be accompanied by a person and controlled by that person with a collar and leash or other means that guarantee the security of passers-by and their property, and that person must, in addition, take care that the animals do not harm anyone or soil or damage property and ensure that they cede the right-of-way to people. Dogs that bark excessively and all animals that are naturally noisy are not allowed in the Condominium. Condo Owners and their Related Persons may not leave food outside their house at any time for stray or wild animals, except for birds.

You must clean up your pet’s mess and place the dog poop in the receptacle in the garbage area. Do not place it anywhere else in El Parque. This includes the clubhouse washroom and private casa receptacles.

El Parque does not have a “green area” for dogs.

In the event of a violation of this article, the condominium Administrator will have the broadest authority to remove the offending animal(s) and confine them, or to

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request that the corresponding authorities do so. Likewise, condo owners will be financially responsible for any damages to the condominium caused by their tenants, renters, or guest's pets

All the above-mentioned classes of pets are exclusive of one another, except for pets from Class "E" which may live with any of the others

Owners, tenants, renters, or guests shall not allow their dog except for Seeing Eye dogs to enter the Clubhouse/Swimming pool area including its grassy perimeter and the Administrator is directed to post signs around the area prohibiting dogs from being brought into the area.

PARKING/STORAGE

Article 22 El Parque Bylaws:

One visitor's car in the street directly alongside the house of the person being visited, but only if there is no space available in the visitors' parking area and for no more than 24 hours.

Parking at the pool is only for handicapped persons who have obtained a permit from the administrative. Any other exceptions authorized by the Board of Directors.

Parking space #29 will be for the exclusive use of private unit #40 and parking space #30 for the exclusive use of private unit #34.

USAGE OF EL PARQUE PROPERTY

Article 34 El Parque Bylaws:

Condo owners are not allowed to hang clothes or place unsuitable objects on roofs, terraces or patios, restricted use areas, facades, windows, balconies, and railings. It is also prohibited to keep cleaning materials or equipment, tools and other objects that are not part of the decor and normal service of the house on the roof, terrace and in parking and garden areas. Burning wood in fireplaces of the private unit is forbidden.

TRAFFIC FLOW IN EL PARQUE

Article 36 El Parque Bylaws:

Vehicular traffic must stay on the roadways specifically created for that purpose, respecting the road signs within the condominium. In particular, the maximum speed of 10 kilometers per hour. With respect to this article, besides what is stated in the prior sentence the State of Jalisco traffic rules and regulations will always apply. In the event of violations, the Administrator may request assistance from the Authorities to enforce these rules and regulations inside the Condominium.

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While driving on the streets of the Condominium, cars must, without exception, give the right of way to pedestrians. Pedestrians used the paved area to walk on.

GENERAL CONDUCT

Article 11 El Parque Bylaws:

Every condo owner or their tenants, renters or guest must behave appropriately, acting ethically and with good manners. Avoiding socially unacceptable or reprehensible conduct that negatively affects the stability and harmony of people living together; furthermore, they will refrain from acting in a way that may undermine the safety, well-being, or quality of life of the condominium.

CONCLUSION

The rules and regulations above were all approved by the 2008 and subsequent assemblies (AGMs). After the assembly, a request was presented about keeping toilets and sewer lines flowing and water conservation.

Accordingly, while toilets in most homes in El Parque can handle small amounts of toilet paper, nothing other than toilet paper should be flushed. Furthermore, the better safe than sorry policy is to honor the Mexican custom which is to **put the toilet paper in a wastebasket, not in the toilet.**

Also, water is a huge expense for El Parque. Please help us to reduce the bill. Here are a few things you can do to help:

1. Only run your washer and dryer with full loads.
2. Fix all water leaks; on running toilets, leaky faucet and irrigation systems can waste tremendous amounts of water.
3. Water plants and grass with conservation in mind.

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ATTACHED FORMS

The following forms are included for your convenience:

1. Registration Form,
2. Pet Registration Form,
3. Overnight Guest Registration Form,
4. Instructions for Cruz Roja Form,
5. Cruz Roja Form, and
6. Map of El Parque.

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EL PARQUE REGISTRATION FORM

Name(s): _____

Children and Ages: _____

Are you a Homeowner: _____ Renter: _____ Dates of Renting: _____

El Parque Address: _____

Landline Phone: _____ Cell Phone: _____

Email Address: _____

Vehicle Description – Year, Make and Model: _____

Vehicle License Number: _____

Types and Name(s) of Pets: _____

Emergency Contact in El Parque Name: _____

Address: _____ Phone Number: _____

Are you fulltime or part time? _____

Address Outside of Mexico: _____

Phone Number Outside of Mexico: _____

Who is responsible for your home during your absence? Name: _____

_____ Phone: _____

Medical history you may want the Guards or Martha to be aware of:

Blood Type: _____

Allergies or other medical problems: _____

Personal Physician: _____

Do you have a Mexican will or living will? _____

If so, who is your notary: _____ Phone Number: _____

In case of an emergency, who would you like us to contact:

Name: _____

Phone Number: _____

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EL PARQUE PET REGISTRATION FORM

Owner's*/Renter's Name _____

Pet # 1 Name and Breed _____ Dog's Weight _____

Pet # 2 Name and Breed _____ Dog's Weight _____

Other pets (i.e., birds, fish) _____

Any special information/instructions in case of emergency:

Signature (Owner* or Renter) _____

Date _____ Circle one: Owner* Renter

*Refers to owner of the Condominium Unit

EL PARQUE OVERNIGHT GUEST(S) REGISTRATION FORM

Homeowner's Name: _____

Renter's Name: _____

Casa Number: _____

Phone Number: _____ Email: _____

Guest's Name: _____ Cell Phone: _____

Guest's Name: _____ Cell Phone: _____

Guest's Name: _____ Cell Phone: _____

Guest's Name: _____ Cell Phone: _____

Guest's Name: _____ Cell Phone: _____

Dates of Stay _____

In case of an emergency, who would your guest(s) like us to contact:

Name: _____

Phone Number: _____

If guest has a car, provide the following information:

Vehicle Description – Year, Make and Model: _____

Vehicle License Number: _____

INSTRUCTIONS FOR CRUZ ROJA FORM

Cruz Roja Chapala - CRIVC Emergency Medical Information Form Step by Step Instructions

This form helps provide the Emergency Medical Teams with the essential information they require to move forward rapidly, accurately and appropriately. It will be used by the CR ambulance staff and will be given to the medical staff at the receiving clinic or hospital.

Print with dark ink. Neatness does count, so that medical staff can easily read your responses.

Notes for specific items:

Name: Last name, first name[s]. This is your **full name** as it appears on your official identification such as your passport. No nicknames.

Birth date: Day/Month/ four digit Year. [e.g. birth date of July 8, 1943 write 08/07/1943]

Blood Type: Do not guess, please have a **blood type test** if you do not know. + or – Rh factor needed.

Date filled out: The date that you complete **this form**. Day/Month/ four digit Year. [e.g. May 3, 2014 write 03/05/2014]

Address: Provide your full address in Mexico to include house number, posted “house name” [e.g. Casa Linda], street, fracc. or condo, town, state, zip code.

Home phone: Number of your wired land line, including area code.

Doctor's name and telephone[s]: Complete **name and both land and cell phone numbers** if known. Someone can contact your physician on your **behalf** if needed.

Mexican authorization for medical decisions: This requires a Mexican legal form which you must complete with a Mexican Notario. It gives **authority** to a named person(s) to make medical decisions for you, if you cannot. Note that in Mexico, **the person** named in the Authority must be present for the form to be in effect. The final decision will **need** to be signed by a medical doctor.

Preferred hospitals: Private hospitals vary in the facilities and services they offer and prices. Note that rules governing access to the IMSS and Seguro Popular facilities and other public hospitals are strict and you are subject to their triage protocols when, where, and if they can accept you.

Medical History

Medicines & Doses: Give the active ingredient as well as the **brand name**, and the potency [e.g. 350 mg]. List how many times per 24 hour period you take each drug. Attach additional pages if needed.

Items # 1 - 33 “Yes or No” Answers: If you answer “yes” or “si” to any of the items below, put additional information in the final section at the bottom of the page, referring to the item number. Note items # 10, 13, 14, and 27 ask for details next to your “yes” or “si” answer, as well.

Notes for specific items # 1 - 33:

1. **Allergies.** There are certain medicines that may be **given under standard protocols**, but if you have an allergic reaction to them they may cause harm.

2. **Blood coagulation medicines.** These medications can **pose a danger of significant blood loss** and can complicate even simple interventions or surgeries.

3. **Diabetes.** Near unconsciousness or unconsciousness **from low blood sugar levels** is a dangerous situation. Rapid treatment may be vital, even **before the ambulance arrives**.

4. **Heart problems.** Be sure to **specify any heart problems** in the last section.

5. **Abnormal Blood Pressure.** If you have high blood pressure, give your normal range and indicate if you take medicine to control it. If your blood pressure is normally low, give your normal range. Without this information, you may be treated based on averages which may lead to unnecessary or harmful interventions.

INSTRUCTIONS FOR CRUZ ROJA FORM

- # 7. **Cerebral clot, hemorrhage, stroke.** Quick response is needed if you think you are having a stroke since it requires a CAT scan (in Guadalajara) and must be treated a.s.a.p. to avoid brain damage. If you have had a stroke, history of fainting, or any "mini-strokes" or TIAs, specify in the last section.
- # 8. **Epilepsy.** Epilepsy is a specific long-term medical condition.
- # 9. **Asthma.** A severe attack can become fatal unless treated quickly.
- # 10. **Other.** Specify. Also give details in the last section.
- # 11. **Tuberculosis.** # 12. **HIV/AIDS.** These diseases that are contagious & medical staff must be informed for their own protection & protection of others.
- # 13. **Hepatitis.** Specify type with an "X". Hepatitis B is contagious and protections must be in place.
- # 14. **Other.** Specify. Also give details in the last section.
- # 15. **Blindness.** # 16. **Hearing.** # 17. **Language.** Visual, auditory or speech/language impairment can impact accurate diagnosis, and special assistance may be vital for services.
- # 18. **Mobility.** There maybe a need for mobility assistance & special equipment.
- # 19. **Kidney.** Ongoing dialysis can impact treatment.
- # 20. **Liver.** Any form of liver damage either physical or chemical such as alcohol, solvent exposure, etc. can impact treatment.
- # 22. **Parkinson's.** # 23. **Alzheimer's.** There are certain physical and mental statuses that are characteristic of these conditions that can mimic other disorders and impact diagnoses & treatment.
- # 24. **Cancer.** Give information on your type of cancer, your treatment stage, and your regimen. Cancer treatments can dramatically suppress the immune system and make an individual very vulnerable to outside infections. Indicate if you are in remission or a cancer survivor.
- # 26. **Psychological.** Specify if there are mental or psychological problems, and if they are being treated with medication. Medications, reactions to them, and behavior may impact medical diagnosis.
- # 27. **Other.** Specify. For example, list eyeglasses, hearing aids, knee or hip implants, or other prostheses. Note if you are in the end stages of illness, so that special instructions can be given. Also give details in the last section.
- # 28. **Blood Type.** Do not guess. + or - Rh factor needed.
- # 30. **Pacemaker.** Some older models may be affected by the Emergency Room equipment.
- # 31. **Contact lenses.** Specify in which or both eyes. Lens[es] may need to be removed.
- # 32. **Dentures.** May need to be removed to clear your airways or allow treatment.

What to do if you answered "Yes". If you answer "yes" or "sf" to any of the items above, put additional information in the last section at the bottom of the page, referring to the item number.

- # 33. **Important hospitalizations, previous transfusions or surgeries.** List below, with year.
- Major surgeries with long-term consequences such as heart, neurosurgical, kidney, liver, pancreas, or other organs.
 - List hospitalizations for treatment of conditions such as complications from diabetes, thyroid, unexplained convulsions, gall bladder or kidney surgery, severe allergic reactions, childbirth via caesarean, etc.
- Note any drug regimes as a result of the surgeries or conditions

Be sure to sign your full name on bottom of the first page.

If you need to add additional pages to complete the form, please staple them to the form, and mark "S" at the bottom.

El Parque Welcome Packet

CRUZ ROJA FORM

CRUZ ROJA (376) 765 2308
INFORMACION PARA EMERGENCIAS MEDICAS EMERGENCY MEDICAL INFORMATION

Identificación/ Identification

Apellido(s), Nombre/ Name [last, first]		
Fecha de nacimiento [DD/MM/AAAA] Birth date [day, month, year]		Tipo de sangre/ Blood type
<input type="checkbox"/> Masculino/ Male	<input type="checkbox"/> Femenino/ Female	Fecha de información/ Date filled out
Domicilio/ Address		
Teléfono de casa/ Home phone		Teléfono celular/ Cell phone
Correo electrónico/ Email		

Preferencias Médicas/ Medical Preferences

Nombre de Doctor[a]/ Doctor's complete name	
Teléfono de doctor[a]/ Doctor's telephone	
Autorización para Tomar Decisiones Médicas?/ <u>Mexican</u> authorization for medical decisions? Sí No	
Hospitales de preferencia/ Preferred hospitals	
Compañía de seguros/ Insurance company	
No. de Póliza/ Policy #	Teléfono/ Telephone

En Caso de Emergencia Notificar a No.1 / Emergency Notification # 1

Apellido(s), Nombre/ Name [last, first]	
Teléfono de casa / Home phone	Teléfono celular/ Cell phone
Relación/ Relationship	Correo electrónico/ Email

En Caso de Emergencia Notificar a No.2 / Emergency Notification # 2

Apellido(s), Nombre/ Name [last, first]	
Teléfono de casa / Home phone	Teléfono celular/ Cell phone
Relación/ Relationship	Correo electrónico/ Email

HISTORIA MEDICA/ MEDICAL HISTORY

Medicamentos y Dosis/ Medicines and Doses

Nombre de medicina/ Drug name	Dosis/ Dose	Veces por día/ Times per day

Firma/ Signature

June 2015. Nov 2018 ~~_____~~

El Parque Welcome Packet

CRUZ ROJA FORM

Si responde afirmativamente a cualquier pregunta favor de proporcionar más información en la sección al final, refiriéndose al número de la condición. / If you answer yes or "Sí" to any of the items below, put additional information in the final section, referring to the item number.

Condiciones Graves/ Serious Conditions

1. Alergias a medicamentos y otros/ Allergies to medicines & other allergies	Sí	No
2. Tratamiento de coagulación/ Blood coagulation medicines [Aspirina, Comodin, etc]	Sí	No
3. Diabetes/ Diabetes	Sí	No
4. Cardiopatías/ Heart problems	Sí	No
5. Presión sanguínea anormal/ Abnormal blood pressure	Sí	No
6. Cirrosis/Cirrhosis	Sí	No
7. Embolia or derrame cerebral/ Cerebral clot, hemorrhage, stroke	Sí	No
8. Epilepsia/ Epilepsy	Sí	No
9. Asma/ Asthma	Sí	No
10. Otra / Other? Especifique/ Specify	Sí	No

Condiciones Infecciosas/ Infectious Conditions

11. Tuberculosis/ Tuberculosis	Sí	No	12. VIH/ HIV o SIDA/ AIDS	Sí	No
13. Hepatitis/ Hepatitis	Sí	No	14. Otra/Especifique Other/Specify	Sí	No
Especifique/ Specify: A B C D					

Condiciones Crónicas/ Chronic Conditions

15. Ceguera: ojo derecho ojo izquierdo/ Blindness: Left eye Right eye	Sí	No
16. Problema de audición/ Hearing problem	Sí	No
17. Deterioro de lenguaje/ Speech or communication problem	Sí	No
18. Falta de movilidad/Mobility problem	Sí	No
19. Problema con riñones/ Kidney problem	Sí	No
20. Problema con hígado/Liver problem	Sí	No
21. Problema con tiroides/Thyroid problem	Sí	No
22. Enfermedad de Parkinson/ Parkinson's disease	Sí	No
23. Enfermedad de Alzheimer/ Alzheimer's disease	Sí	No
24. Cáncer/Cancer	Sí	No
25. Problema pulmonar/ Lung problem	Sí	No
26. Problemas psicológicos/ psychological problems	Sí	No
27. Otra/ Other? Especifique/ Specify	Sí	No

Información Médica General/General Medical Information

28. Tipo de sangre/ Blood type:	Sí	29. Donador de órganos/ Organ donor	Sí	No	
30. Marcapasos/ Pacemaker Marca y modelo/ Brand & model	Sí	No	Sí	No	
31. Lentes de contacto / Contact lenses	Sí	No	32. Denturas prótesis-placas / Dentures	Sí	No
33. Hospitalizaciones importantes, cirugías o transfusiones previas/ Important hospitalizations, previous transfusions or surgeries? Listar abajo, con año/ List below, with year.					

Si responde afirmativamente a cualquier pregunta favor de proporcionar más información en esta sección, refiriéndose al número de la condición. If you answered, yes or "Sí" to any item above, put additional information in the section below, referring to the item number.

#	Más Información con Número/Additional Information By Number	Año/Year
#		
#		
#		
#		
#		
#		

Anexar páginas adicionales si se necesitan./ Attach additional pages if needed. Sí No

MAP OF EL PARQUE

